

GSCCC Celebrates Martin Luther King Jr. Day of Service 2021

January 18, 2021

Time Limited Program. Program ends February 18, 2021.

The MLK Day of Service is observed as a "day on, not a day off." MLK Day of Service is intended to empower individuals, strengthen communities, bridge barriers, create solutions to social problems, and move us closer to Dr. King's vision of a "Beloved Community."

Dr. Martin Luther King, Jr. believed in a nation of freedom and justice for all and encouraged all citizens to live up to the purpose and potential of America by applying the principles of nonviolence. MLK Day of Service is a way to honor his life and teachings by engaging in community action that continues to solve social problems. Service breaks down barriers by bringing people from different experiences together – volunteering can unite Americans of all ages and backgrounds while building stronger communities.

On Monday, January 18, 2021 consider participating in an @Home community service project. The list below may give you inspiration.

Requirements to earn MLK Day of Service patch.

- 1. Start this patch program by watching these videos.
 - Dr. Martin Luther King, Jr: Biography for Children, American History for Kids FreeSchool
 - The Story of Martin Luther King Jr. by Kid President
- 2. Complete at least one of the @Home Community Service ideas listed below.
- 3. Send photos, video or a written statement sharing your experience with your @Home Community Service project to info@girlscoutsccc.org.

@Home Community Service Ideas

- <u>Get engaged</u> Write emails to lawmakers regarding your concerns. What changes would you like to see in your neighborhood, city, or state. Do you want to see more programs to help the homeless? How about more clean energy-solar, wind? Do you want to see better streetlights, sidewalks, cleaner parks, etc. in your neighborhood? Let the decision makers know.
- Make Blessing Bags Create care packages of snacks and bottled water to hand out to homeless
 people you may encounter while driving down the street or share care packages with a day
 labor center in your town.
- <u>Be a virtual caregiver</u> Virtual babysitting is another great way to help. Occupying someone's children for an hour may be just the break parents working from home need.
- <u>Promote your favorite cause</u> Do you want more people to be aware of adopting from the Humane Society or SPCA? Do you want more people to understand the issue of hunger in your community? Use your social media influence to raise awareness for any of your favorite causes via hashtags, testimonials or videos.
- <u>Letter Against Isolation</u> Sign up to write letters, create cards or send postcards to senior citizens living in elder care facilities who have had to self-isolate during the crisis. You can send

as many letters as you'd like, making this an especially great opportunity for families. For ideas go to this website - <u>LETTERS AGAINST ISOLATION</u>

• <u>Be a mentor</u> - Share your interest and knowledge with fellow a Girl Scout or troop. Are you a math whiz? Are you an artist or cartoonist? Do you like teaching others what you know – yoga, drawing, etc. During this challenging time, girls may need help understanding homework assignments, understanding new math concepts, etc. Local Girl Scout Troops in your community need support in earning Girl Scout Badges, navigating the Cookie Program, etc. Reach out!